

National Alliance for Mentally Ill

In-Home Services

know that with this program they will get an advocate for their loved one.

Who Can Apply and How is House Calls Accessed?

Anyone can apply for House Calls services. A consumer or family member should call Beth or e-mail directly or complete the referral form on her web site

(www.callingonbeth.net). If the individual needing help is not taking their medicine, the main client might be the family first and the person with the disability would become the client later. At the first visit, Beth does an assessment and then discusses a plan for serving the client. Beth can be reached at 301-346-6732. Her e-mail is callingonbeth@verizon.net.

HOUSE CALLS

Beth Albaneze has established House Calls, a service that provides consulting, coaching, and comprehensive home support for individuals who have a life trauma or major life transition, families with a member who has a chronic mental illness and/or developmental disability, aging parents needing community resources and/or homecare. Beth has 30 years experience as a recreational and rehabilitation therapist in the mental health community.

Beth's goal is to serve those for whom the mental health system is not appropriate and wish to "take a different route." She wants to give the client back a productive life style and works to both teach the client skills and to advocate for him/her in various settings. Some of her clients have families out of town and Beth provides the local advocacy.

Sometimes Beth will ask the client if he/she had three wishes what they would be. The purpose of this question is two-fold; it allows Beth to understand the client's life goals and helps her to work with the client to adopt *realistic* life goals. In addition, Beth believes that recreation and fun are important to clients' recovery and Beth helps them connect with recreational opportunities. One of her guiding principles is that "everyone needs mastery in their life" and she "walks behind people" to support them in their recovery. Beth stressed that rehabilitation is a process, not an outcome.

Beth's approach is very flexible and is unique to each family situation. House Calls allows the client to remain and recover in the home setting. Beth's ability to connect clients with the appropriate professionals makes families feel safe and secure. She stated that families

Who Pays for the House Calls Services?

House Calls operates on a fee-for-service basis. Depending on the request, her fees range from \$90/hr and up. Beth factors in location; number of clients per visit, number of visits required, mileage and gas. This fee is usually paid by guardians, lawyers, or family members.

House Calls, LLC

Beth Albaneze, MA, CTRS, CPRP



Counseling In-Home Setting

**Consulting, Life Coaching
Comprehensive Home Support**

30 Years of Experience

- * Aging Parents
- * Individuals With Disabilities
- * Major Life Transitions
- * Group Homes, Assisted Living

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